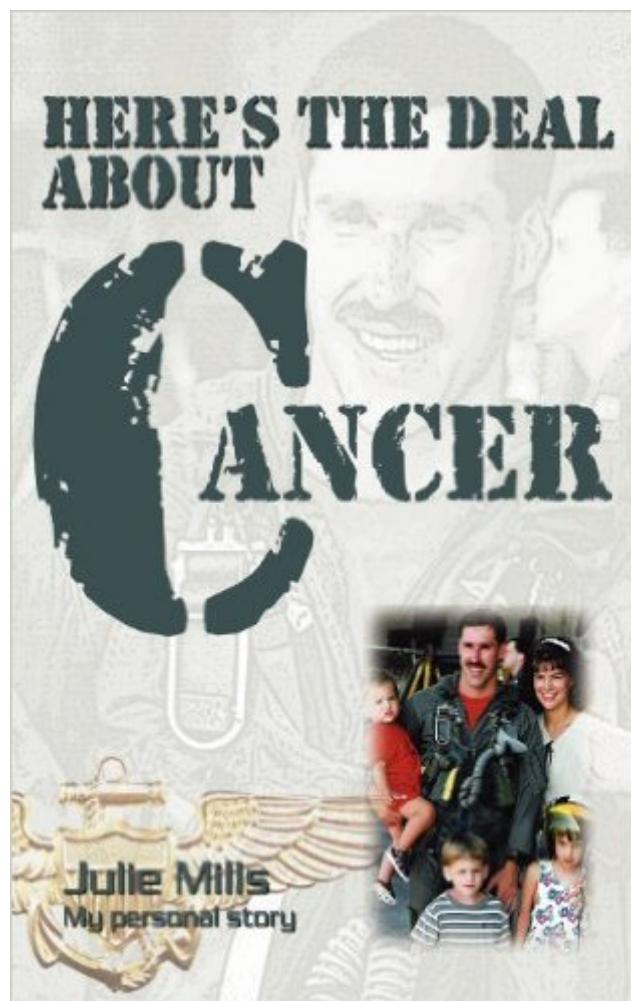


The book was found

Here's The Deal About Cancer



Synopsis

Here's the Deal is a book that offers straightforward advice regarding the confusing world of cancer. If you have been diagnosed with this terrible disease, you too, are now faced with having to make life or death decisions with little background or expertise. This book is a reflection of my personal journals when my husband, Tommy, was diagnosed with a brain tumor. We chose to integrate both conventional and alternative therapies which greatly improved his quality of life. These were not easy decisions to make. Being a mother of three small children, and having no medical background, this journey was incredibly scary for me. In writing this book, I wanted to help those who are also searching for answers so they did not have to reinvent the wheel or have to figure everything out on their own. Tom and I discovered that you can help your body and have a much better quality of life by making lifestyle changes. This book is not intended to "bash" the medical community or promote alternative therapies. It is written, however, to show you how a normal, busy family dealt with life after the rug had been pulled out from under them with a diagnosis of aggressive cancer. Never forget that you are not alone in this fight. I hope this book provides you with insight as to what the human body - your body - can do if you just take the time to understand it, ask the right questions, and be proactive in your healing.

Book Information

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Customer Reviews

This is a terrific read, especially for any one dealing with a terminally ill person in their life, like a spouse or other close relative. This book is a powerful testimony about faith and love. This is a chronicle of a strong woman fighting against the odds and held aloft by her unyielding

determination. This book is also about a discovery and resolution. The writer reveals some of the short coming of our medical system and provides a guide for those seeking viable alternatives to traditional medical regiments. The nutritional information alone is worth the price of the book. This information is provided in a clear and concise way that is easily understood by the lay reader. "Here is the deal about cancer" isn't just about dealing with cancer but this information is valuable to anyone dealing with a chronic illness, especially those requiring toxic drugs. This a great reference book. I am using this information to establish a more viable life style for myself, especially in the area diet. If you are going to read one book this year, let this be the one. PS. keep a box of tissue near.

As a three time cancer survivor I was very interested in the information. I have never read a book two times before this one. Thanks Julie for sharing this important information. You have inspired me to work on my nutrition and environment.

This book is an excellent combination of personal narrative and "how to". Ms. Mills shares her difficult journey as a caretaker and devoted wife to her husband diagnosed with cancer, while also plucking out the important concepts learned along the way. Bullet points appear at the end of each chapter highlighting key information learned throughout their battle with cancer. This book can be read cover to cover or used as a reference for crucial topics encountered at each stage in the process. It is written in layman's terms with a passion to share information she wishes someone had shared with her. Whether or not you have had cancer touch you personally, this is a must read for everyone. It is relevant for not only what to consider once a diagnosis has been made, but ways to make yourself and your body stronger and healthier.

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